

ÉCOLE INTERNATIONALE DE THÉÂTRE  
JACQUES LECOQ

# WORKSHOPS

MARCH



JULY



SEPTEMBER



2017



[www.ecole-jacqueslecoq.com](http://www.ecole-jacqueslecoq.com)

# MARCH

## INTRODUCTION TO PLAYING

From 27 to 31 March 2017

Teachers : Paola Rizza – Jason Turner

This workshop proposes a discovery of the Lecoq School's approach to theatrical play.

It will be a journey that leads from psychological replay - the observation of life, its rhythms and dynamics and silences from which speech springs – through to the event of the Neutral Mask, which raises and structures play whilst seizing the poetic dimension of life.

The workshop will explore this through Improvisation classes, accompanied by Movement Classes dealing with physical Preparation and Movement Analysis.

*This workshop is for all actors (From 18 years old) interested in a first approach to the school's teaching.*

**A good understanding of French is required**

**10 am to 12.30 am – 2 pm to 4.30 pm / 25h / 500€**

# **JULY**

## **DISCOVERING THE NEUTRAL MASK**

**From 3 to 7 July 2017**

**Teachers: Paola Rizza - Yasuyo Mochizuki**

The Neutral Mask is fundamental in the training of an actor. It opens up the body and enlarges and structures the actor's play.

The Neutral Mask is the mask behind all masks and a reference point for understanding how the world moves. It allows a state of receptivity, balance and curiosity in which to explore the natural world of elements and materials.

Through identification with elements and materials we will develop a dynamic approach to playing situations and characters.

**The classes are given in French**

**9 to 11.30 am – 1 to 3.30 pm / 25h /500€**

# JULY

## THE POETIC BODY IN ART AND THEATRE

From 3 to 7 July 2017

Teachers: Paola Rizza - Jason Turner

Observation of life is fundamental in the work of an actor, who creates the illusion of life through the movements and dynamics of the visible world.

However, the creative act cannot simply stay on the surface of life, it has to be able to go deeper, to be able to reveal what is not immediately visible, to have another dimension.

This workshop will approach this abstract dimension that we all carry deep within ourselves by exploring the works of painters, composers and poets.

Jacques Lecoq spoke of the dynamic emotion that the Eiffel Tower provokes, made up of its rooted base, its aspiring vertical élan, and how the actor can translate this into movement. How can we do this with a picture of Basquiat, or Chagall? How does the moonlight move, or a poem by Artaud or a gothic cathedral? What does this approach bring to an actor's play and creativity? Can the actor through

movement, like the poet, who puts us in touch with the invisible, evoke light, sound or colour?

**The classes are given in French**

**10.30 am to 1 pm – 2.30 to 5 pm / 25h / 500€**

# SEPTEMBER

## INTRODUCTION TO THE PRINCIPLES OF PHYSICAL COMEDY

From 4 to 8 September 2017

**Teachers: Jos Houben - Anne Astolfe - Éric Nesci**

The universe of physical comedy and slapstick for beginners. First we shall replay situations as they can be observed in daily life. The aim is to lay bare how things function the way they are supposed to.

This will serve as the starting point to explore all possible «disfunctions»: imbalances, misunderstandings, mishaps, accidents, etc. that create laughter.

The workshop is based on improvisation accompanied by technical work :

- Physical preparation
- Dramatic acrobatics
- Movement analysis

**A minimum of two years experiences is required**

**The classes are given in French**

**9 to 11.30 am – 1 to 3.30 pm / 25h / 500€**

# SEPTEMBER

## THE ART OF FALLING From 4 to 8 September 2017

**Teachers: Jos Houben - Anne Astolfe - Éric Nesci**

If Great Falls are at the origin of the world and still govern our lives (the fall of meteorites, of empires, of the dollar, the yen, of the berlin wall, of Adam and Eve, of rebel angels and opinion polls...), Little Falls that hurt our pride and wound our vanity are at the origin of laughter.

Knowing how to fall down a flight of stairs making it last as long as possible was a necessary skill to be able to play in a comic silent film. Buster Keaton, Charles Chaplin, Harold Lloyd, Mack Sennett were masters of the art.

This workshop will explore and analyse different falls, from the smallest imbalance to falling head over heels, from little mistakes to big reversals, in order to put them into play by seeing what happens before and after the falls. How can we make the physical technique and virtuosity « invisible », so that we can completely believe in the situation and the comic play.

This workshop is for actors, acrobats and dancers who have at least **two years professional experience...** and a good physical condition.

**The workshop will be given in French.**

**10.30 am to 1 pm – 2.30 to 5 pm / 25h / 500€**

## APPLICATION

Send a CV and a photo by post or email:  
contact@ecole-jacqueslecoq.com

Tariff (including enrolment):

- Introduction to Playing: 500€
- Discovering the Neutral Mask: 500€
- Poetry, Music, painting and the play of the Actor: 500€
- Introduction to the principles of Physical Comedy : 500 €
- The Art of Falling : 500€

Payment: deposit of 200€ upon acceptance of your application (not reimbursed in case of cancellation).

Balance to be paid at the latest one week before the beginning of the workshop.

No special clothes needed. We recommend comfortable, plain, dark clothing and flexible gym shoes.

## PRACTICAL INFORMATION

Lignes de métro 4, 8, 9; stations:  
Strasbourg St Denis / Château d'Eau / Bonne Nouvelle.  
Lignes de bus : 20, 38, 39, 47, 48.

## CONTACT

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